



# Ms. Barton

California State  
University, Northridge

## Physical Education

### **A Learning Experience that Changed Me:**

During my first kinesiology class at Cal State Northridge, I learned a completely different way to teach physical education than what I had experienced in high school and middle school. In high school I had disliked PE even though I played multiple sports and cheerleading. When I realized there was this "new" type of PE, I immediately wanted to learn more so that I could share this with students.

### **My Favorite Book:**

Harry Potter Series by J.K. Rowling

### **My Hobbies and Interests:**

I love working out, running, and hiking. I also love playing with my son and enjoying the outdoors with him

### **Prior Experience in Education:**

While at Cal State Northridge I worked with a grant to provide PE classes to elementary students in the Los Angeles area. After graduating, I moved to central California and taught 7th grade PE and 9th and 10th grade PE for two years. During this time I also taught several English intervention classes. I decided to move back to Los Angeles and teach at a middle school in downtown LA where I taught both 5th and 6th grade PE.

### **Something Super-Unique About Me:**

I grew up in a tiny town in the desert near Death Valley, California. It was so small, it had no stop lights and there were 15 people in my senior graduating class.

### **Why I am Excited About Working at DSST:**

I am excited to work at a school where learning is exciting and fun. I can't wait to help spread my love of movement and physical activity!