



PHYSICAL EXAMINATION AND PARENT PERMIT FOR ATHLETIC PARTICIPATION - PART I

I hereby certify that I have examined _____ and that the student was found physically fit to engage in high school sports (except as listed on back).

Student's birth date _____ Exp. Date (good for 365 days) _____

PARENT OR GUARDIAN PERMIT

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, **BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC INJURY.** Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk.

PLAYERS MUST OBEY ALL SAFETY RULES, REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY.

By signing this Permission Form, we acknowledge that we have read and understood this warning. **PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.** By signing this form it allows my students medical information to be shared with appropriate medical staff when necessary in compliance with HIPPA (Health Insurance Portability and Accountability Act) Regulations.

I hereby give my consent for _____ to compete in athletics for High School in Colorado High School Activities Association approved sports, except as listed on back, and I have read and understand the general guidelines for eligibility as outlined in the Competitor's Brochure.

Parent or Guardian Signature _____ Date _____

I have read, understand and agree to the General Eligibility Guidelines as outlined in the Competitor's Brochure.

Student Signature _____ Date _____

No student shall represent their school in interschool athletics until there is on file with the superintendent or principal a statement signed by his parent or legal guardian and a signed physical certifying that he/she has passed an adequate physical examination within the past year, that in the opinion of the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, he/she is physically fit to participate in high school athletics; and that he/she has the consent of his/her parents or legal guardian to participate.

NOTE: It is strongly recommended by the Colorado Department of Health that individuals participating in athletic events have current tetanus boosters. Tetanus boosters are recommended every 10 years throughout life. Boosters are recommended at the time of injury if more than five years have elapsed since the last booster.

If significant intervening illnesses and/or injuries have occurred, a more complete physical examination should be conducted. The physical examination form must be signed by a practicing physician, physician assistant, or nurse practitioner.

If a student athlete has been injured in practice and/or competition, the nature of which required medical attention, the student athlete should not be permitted to return to practice and/or competition until he/she has received a release from a practicing physician.

NOTE: The CHSAA urges an adequate physical examination be given when a student athlete changes levels of competition, i.e. Little League to Middle School, Middle School to High School.

PHYSICIAN SIGNATURE REQUIRED ON BACK

PART II -- MEDICAL HISTORY

This form must be completed and signed, prior to the physical examination, for review by the examining physician. Explain "Yes" answers below with number of the question. Circle questions you don't know the answers to.

	YES	NO	MEDICAL HISTORY OF STUDENT & FAMILY	YES	NO
1.	<input type="checkbox"/>	<input type="checkbox"/>	Has a doctor ever denied or restricted your participation in sports for any reason?	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>	Do you have an ongoing medical condition (like diabetes or asthma)?	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>	Are you currently taking any prescription or non-prescription (over the counter) medicines or pills?	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>	Do you have allergies to medicines, pollens, foods or stinging insects?	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>	Do you have prescriptions for use of epinephrine, adrenalin, inhaler, or other allergy medications?	<input type="checkbox"/>	<input type="checkbox"/>
6.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever passed out or nearly passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
7.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever passed out or nearly passed out at any other time?	<input type="checkbox"/>	<input type="checkbox"/>
8.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had discomfort, pain, or pressure in your chest during exercise?	<input type="checkbox"/>	<input type="checkbox"/>
9.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had to stop running after 1/4 to 1/2 mile for chest pain or shortness of breath?	<input type="checkbox"/>	<input type="checkbox"/>
10.	<input type="checkbox"/>	<input type="checkbox"/>	Does your heart race or skip beats during exercise?	<input type="checkbox"/>	<input type="checkbox"/>
11.	<input type="checkbox"/>	<input type="checkbox"/>	Has a doctor ever told you that you have (check all that apply): <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection	<input type="checkbox"/>	<input type="checkbox"/>
12.	<input type="checkbox"/>	<input type="checkbox"/>	Has a doctor ever ordered a test for your heart?	<input type="checkbox"/>	<input type="checkbox"/>
13.	<input type="checkbox"/>	<input type="checkbox"/>	Has anyone in your family died suddenly for no apparent reason?	<input type="checkbox"/>	<input type="checkbox"/>
14.	<input type="checkbox"/>	<input type="checkbox"/>	Does anyone in your family have a heart problem?	<input type="checkbox"/>	<input type="checkbox"/>
15.	<input type="checkbox"/>	<input type="checkbox"/>	Has any family member or relative died of heart problems or sudden death before age 50? (This does not include accidental death.)	<input type="checkbox"/>	<input type="checkbox"/>
16.	<input type="checkbox"/>	<input type="checkbox"/>	Does anyone in your family have Marfan syndrome?	<input type="checkbox"/>	<input type="checkbox"/>
17.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever spent the night in a hospital?	<input type="checkbox"/>	<input type="checkbox"/>
18.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>
19.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had an injury, like a sprain, muscle or ligament tear, or tendonitis that caused you to miss a practice or game?	<input type="checkbox"/>	<input type="checkbox"/>
20.	<input type="checkbox"/>	<input type="checkbox"/>	Have you had any broken or fractured bones or dislocated joints?	<input type="checkbox"/>	<input type="checkbox"/>
21.	<input type="checkbox"/>	<input type="checkbox"/>	Have you had a bone or joint injury that required x-rays, MRI, CT, surgery, injections, rehabilitation, physical therapy, a brace, a cast, or crutches?	<input type="checkbox"/>	<input type="checkbox"/>
22.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had a stress fracture?	<input type="checkbox"/>	<input type="checkbox"/>
23.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had an x-ray of your neck for atlanto-axial instability? OR Have you ever been told that you have that disorder or any neck/spine problem?	<input type="checkbox"/>	<input type="checkbox"/>
24.	<input type="checkbox"/>	<input type="checkbox"/>	Do you regularly use a brace or assistive device?	<input type="checkbox"/>	<input type="checkbox"/>
25.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever been diagnosed with asthma or other allergic disorders?	<input type="checkbox"/>	<input type="checkbox"/>
26.	<input type="checkbox"/>	<input type="checkbox"/>	Do you cough, wheeze, or have difficulty breathing during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
27.	<input type="checkbox"/>	<input type="checkbox"/>	Is there anyone in your family who has asthma?	<input type="checkbox"/>	<input type="checkbox"/>
28.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever used an inhaler or taken asthma medicine?	<input type="checkbox"/>	<input type="checkbox"/>
29.	<input type="checkbox"/>	<input type="checkbox"/>	Were you born without or are you missing a kidney, an eye, a testicle, or any other organ?	<input type="checkbox"/>	<input type="checkbox"/>
30.	<input type="checkbox"/>	<input type="checkbox"/>	Have you had infectious mononucleosis (mono) within the last three months?	<input type="checkbox"/>	<input type="checkbox"/>
31.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had mono or any illness lasting more than two weeks?	<input type="checkbox"/>	<input type="checkbox"/>

Parent/Guardian Signature: _____

Athlete's Signature: _____

PART III -- PHYSICAL EXAMINATION

NAME: _____ SCHOOL: _____

HEIGHT: _____ WEIGHT: _____ SEX: _____ AGE: _____ DOB: _____

*Tanner Stage or Maturation Index? (males only): _____ BP: _____

*Percent Body Fat: _____ Pulse: *(rest) _____

*Audiotape _____ *(Exercise) _____

*(Recovery) _____

*FEV or Peak Flow (rest) _____

*(Exercise) _____

*(Recovery) _____

* Vision: Corrected: (L) _____ (R) _____ (Both) _____

Uncorrected: (L) _____ (R) _____ (Both) _____

	N	Abnormal	N	Abnormal
Eyes			Cervical Spine/neck	
Ears			Back	
Nose			Shoulders	
Throat			Arm/elbow/wrist/hand	
Teeth			Knees/hips	
Skin			Ankle/feet	
Lungs			Marfan Screen	
Heart			*Urine	
Peripheral pulses			*Hemoglobin or HCT and or Iron stores	
Abdomen			^Echocardiogram	
Genitalia/hernia (male only)			^Neurospyc Testing	
			^Pelvic Examination	

***WHEN MEDICALLY INDICATED**
(Physician judgment based on history, exam, and knowledge of other recent physical and laboratory evaluations)

^WITH SPECIAL INDICATIONS
(These studies may be recommended to the athlete because of history or physical findings and may or may not be required before making participation decision.)

I have reviewed the data above, reviewed his/her medical history form and make the following recommendations for his/her participation in athletics.

CLEARED AFTER further evaluation or treatment for:

Cleared for **Limited participation** (check and explain "reason" for all that apply):

Not cleared for (specific sports):

Cleared only for (specific sports):

NOT CLEARED FOR PARTICIPATION:

Reason(s): _____

Other Recommendations: _____

Recommend monitoring during early conditioning because of weight/fitness/other

Recommend restrictions or monitoring of weight loss or gain

Other: Reasons: _____

MD/DO, PA, NP, DE-SPC#, Signature: _____

Date of Examination: _____ Date Signed: _____

NAME OF PHYSICIAN/PA/NURSE PRACTITIONER/CERTIFIED-REGISTERED CHIROPRACTOR and degree: (print): _____

Address: _____

City _____ State _____ Zip _____



STUDENT ELIGIBILITY INFORMATION FORM and CHSAA Anti-Hazing Policy

I hereby give my consent for _____

to compete in athletics for _____ High School
in Colorado High School Activities Association approved sports, except as noted on the Physical Examination
and Parent Permit Form, and I have read and understand the general guidelines for eligibility as outlined in the
CHSAA Competitor's Brochure (as found on the CHSAANow.com website).

Parent or Guardian Signature _____ Date _____

I have read, understand and agree to the General Eligibility Guidelines as outlined in the CHSAA
Competitor's Brochure.

Student Signature _____ Date _____

No student shall represent their school in interschool athletics until there is a statement on file with the
superintendent or principal signed by his/her parent or legal guardian and a signed physical form certifying that
he/she has passed an adequate physical examination within the past year, noting that in the opinion of
the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, (DC, Spc.) is
physically fit to participate in high school athletics; that student has the consent of his/her parents or legal guardian
to participate; and, the parent and participant have read, understand and agree to the CHSAA guidelines for
eligibility.

CHSAA Anti-Hazing Policy

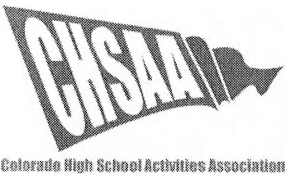
The Colorado High School Activities Association prohibits bullying, hazing, intimidation or threats. Hazing includes,
but is not limited to humiliation tactics, forced social isolation, verbal or emotional abuse, forced or excessive
consumption of food or liquids, or any activity that requires a student to engage in illegal activity. I understand
that hazing of any type is not permitted in any CHSAA sanctioned activity.

I will not engage in any of the prohibited conduct. I further understand that it is my responsibility to immediately
report any acts of hazing that I become aware of to a sponsor, teacher, counselor, school support staff, coach or
administrator in my school.

By signing this acknowledgement, I affirm my responsibility to prevent and report hazing. I also understand that
any violation of this could result in school or team consequences that could include dismissal from the activity or
further disciplinary consequences and/or referral to law enforcement.

Student Athlete Signature

Date



CHSAA BYLAWS – PARENT & STUDENT INFORMATION

Per Bylaw 1720.1, parents and participants must be informed, understand, and acknowledge basic CHSAA eligibility rules and they must acknowledge the risk of participation. This acknowledgement must be kept on file with the school.

A student's participation in high school activities is dependent on his/her eligibility. Protect that eligibility. Read the following summary of Colorado High School Activities Association rules that govern a student's participation. Students and parents alike need to review these rules and ask questions of their coaches/directors, athletic director and school administrators. If a student has any questions, he/she should seek the answers before participating by going first to the coach or athletic director.

****Please review the following information and acknowledge your understanding of the CHSAA Bylaws by signing at the end and submitting to your School's Athletic Director. *Click the blue underlined links to be directed to the CHSAA Bylaws.***

The CHSAA

The Colorado High School Activities Association has been the governing body of high school athletics and activities (speech, student council and music) in our state since 1921. Our Code of Ethics is integral to our Mission and Vision. The student's school is a voluntary member of the CHSAA and has agreed to follow its rules. Both your school and the Association believe in equal competition among schools and the close relationship between academics and activities.

I. Discrimination (300)

A student-participant will not participate in or condone unfair discriminatory practices against a fellow participant due to age, gender, race, ethnicity, religion, sexual orientation, or disability, nor shall the student be discriminated against under the same criteria.

II. Hazing & Bullying (1710.2)

As a student-participant, I will not be the organizer of, or participant in an activity constituting hazing. Hazing is defined as any conduct or method of initiation, whether on public or private property, which willfully or recklessly endangers the physical or mental health of any student or other person. Such conduct shall include but is not limited to whipping, beating, branding, forced behaviors involving, food, alcohol, drugs or other substances, destruction of property, and/or brutal treatment or forced physical/sexual activity which is likely to adversely affect the physical health or safety of the student or any other person.

The CHSAA Rules of Participation

1. Academic (1710)

A school must select one of three options for determining the eligibility of all its students, and schools have the right to impose stricter standards.

2. Make-up Work (1740)

Each student must be academically eligible in accordance with the above section at the time of participation and during the previous semester. Make up work shall not be permitted after the close of the semester for the purpose of becoming eligible. (Cases involving special circumstances should be referred to your principal.)

If eligibility has been lost from a previous semester, students may regain their athletic eligibility on the sixth Thursday following Labor Day (1st semester) and the Friday immediately following March 10th (2nd semester).

Summer school credits accepted by the school may be used to replace credits in subjects failed during previous semesters.

Dropping a class may make you ineligible. If you play while ineligible, you may cause your team to forfeit any contests in which you played.

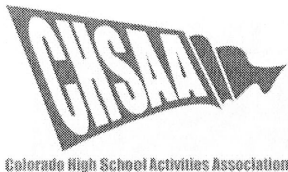
3. Citizenship (1710)

The school principal must approve the student to be a representative of the school's standards of citizenship, conduct and sportsmanship.

4. Conduct – Ejections (2200)

If a student is ejected from a contest for unsportsmanlike conduct, he/she will be ineligible for the next scheduled match or contest played at that level including qualifying and state contests. The student may not participate in any contests at any other level during this period. For the season, the student will be permitted to compete in one fewer contest than the maximum allowed each participant in the sport.

A second ejection during the season shall result in a 2 contest suspension. A third ejection will result in a review of the student's future eligibility by the CHSAA Commissioner.



CHSAA BYLAWS – PARENT & STUDENT INFORMATION

If a student is ejected in the final contest of a season, he/she is ineligible for the first contest of the next sport in which he/she competes and completes the season. Players leaving the bench during a fight shall be ejected and ineligible for the next contest.

5. Outside Competition (2100)

As a member of any high school team, a student may practice or compete in that sport during that sport season in a non-school event with prior written permission of the principal.

Members of high school teams may compete in non-school events in that sport without written permission on the day following the completion of the season for the level (freshman, sophomore, junior varsity, varsity) of the team on which they are competing. NOTE: A student becomes subject to the outside competition rule on or after the first date of formal practice, when he or she reports out for practice and is in contention for a berth on the team.

6. Undergraduate (1710)

A student may not be a graduate of any high school and participate in high school athletics.

7. Recruiting (1810)

Any recruiting based on athletic ability or interest is prohibited.

8. Age (1770)

A student's 19th birthday must fall on or after August 1 of the current school year. Exceptions to this rule, based on educational handicaps, may be requested, provided the student's original class has not graduated.

9. Semesters (1770.2)

Upon entering high school, a student's eligibility will continue only until his/her original class graduates. Once entering ninth grade, a student has eight consecutive semesters of eligibility. NOTE: If a student drops out of school or misses competition due to an injury, he/she will not receive additional eligibility.

10. Seasons (1700.2)

A student is allowed a maximum of 4 seasons in any sport.

11. Physical Exam (1780)

A student may not practice or compete (music, student council and speech participants are exempt) without a physical exam that is:

- Signed by an MD, DO, chiropractor who is school physical certified (DC, SPC), nurse practitioner or physician's assistant licensed by the State of Colorado.

- Current within the last 12 months.
- On file with principal or athletic director prior to first practice.

12. Practice (2310)

A total of 5 different days of practice is required before participating in any interscholastic game or scrimmage (except football which needs 9 days). OTHER EXCEPTIONS: (A) Golf, skiing, softball and tennis players. (B) Participants in state playoff games completed on or after the first day of formal practice.

No contact between a coach and player is allowed on Sundays during the school year unless it is for a social, academic or service related activity that is strictly voluntary. A student cannot be required to practice or compete outside of the season as a condition of making the team.

13. Transfer Rule (1800)

A student who participates in a formal practice at the beginning of the school year and then transfers without a parental move will be ineligible for varsity competition for the remainder of that sports season.

- Athletic Transfer (1800.6)

Any transfer substantially motivated by athletic considerations will cause the student to be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer.

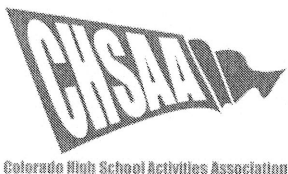
- Summer Transfer (1800.5)

A transfer from one high school to another during the summer without a permanent change of domicile by the student and his/her family to the attendance area of the new school will render the student ineligible for varsity competition for the first half of the season in any sport in which the student competed during the previous 12 months. The student may practice with the team and play at the sub-varsity level during this period of restricted participation.

- Mid-year Transfer (1800.6)

A student who transfers after the start of the school year without an accompanying family move shall:

- Have restricted (sub-varsity) eligibility for the remainder of that school year in sports played in the last 12 months.
- In the next school year, the student will have only sub-varsity eligibility for the first 50% of the season in those sports played 12 months prior to the move



CHSAA BYLAWS – PARENT & STUDENT INFORMATION

Transfer with Club Coach or Previous Coach (1800.6)

A student transferring or moving for any reason to a new school where the student’s non-school coach is also a coach of the school team, is considered to be attending for athletic purposes. The student, as a result of this transfer, will be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer. If a student transfers to a school where his/her previous coach is a coach of the current school team, that move will be deemed motivated by athletic consideration.

As used in this Rule, the coach may be a former school coach or non-school coach and the term “coach” includes any person who coaches, volunteers (regardless of compensation) or assists in any capacity with the coaching or training of the school or non-school team.

General Transfer Information (1800)

It is the student’s responsibility to know the CHSAA Transfer Rule and how it affects that student’s eligibility. The CHSAA Commissioner may grant exceptions to this rule in unusual cases. Only schools may submit a waiver. If a waiver of the transfer rule is requested, the student is not eligible until the waiver is approved by the CHSAA Commissioner. Transfer cases involving separation and/or divorce proceedings should be reviewed with the school administration.

15. Awards (2010)

Individuals participating in any interscholastic athletic/activity sponsored and/or approved by the Association shall not

accept cash or merchandise awards. Awards must be symbolic in nature with no functional or intrinsic value with a cost of no more than \$50.00.

16. Amateur (2000)

If a student participates in a CHSAA approved sport, in other than CHSAA competition, his/her amateur status is determined by the rules of the amateur governing body of that sport. Amateur status of Colorado high school athletes applies only to sports sanctioned by the CHSAA.

17. Bullying & Hazing (1710.2)

The Colorado High School Activities Association, in conjunction with its member school, prohibits bullying, hazing, intimidation or threats. Hazing includes humiliation tactics, forced social isolation, verbal or emotional abuse, forced or excessive consumption of food or liquids, or any activity that requires a student to engage in illegal activity. I understand that hazing of any type is not permitted in any CHSAA sanctioned activity. I will not engage in any of the prohibited conduct. I further understand that it is my responsibility to immediately report any acts of hazing that I become aware of to a sponsor, teacher, counselor, school support staff, coach or administrator in my school.

After reviewing the above information, if you still have questions, please contact your school’s athletic director. This list is by no means inclusive; however, it is intended to outline the most common questions and bylaws. For more information, please visit our website CHSAANow.com.

Checklist for Student Eligibility

If a student cannot check any of the items, he/she needs to contact the athletic director or principal.

- At least 5 full credit classes.
- (Choose 1) Option A (Failing no more than one class)
- Option B (Passing a minimum of 5 full-credit classes)
- Option C (Approved alternate academic program)
- Complied with first two items last semester.
- Physical exam within the last calendar year.
- Parent permit form on file at the school.
- Have not changed schools during the current school year without a corresponding move by parents.
- Will not or have not turned 19 before August 1.
- Has not been in high school longer than 8 consecutive semesters.
- Will not play more than 4 seasons in any sport.
- Will not compete or practice in any non-school events in my sport once reporting out for the team, without the permission of my principal.
- Has complied with all other school, district, and local eligibility requirements.

I have read and understand the CHSAA Eligibility Rules as documented here as well as specifically read in the CHSAA Bylaws. I understand and acknowledge the inherent risks of participating in Athletics and by signing this acknowledgement, I affirm my responsibility to prevent and report hazing. I also understand that any violation of this could result in school or team consequences that could include dismissal from the activity or further disciplinary consequences and/or referral to law enforcement.

Signed: _____ (Parent) _____ (Participant)
_____ (School) _____ (Date)



WARNING TO STUDENTS AND PARENTS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps, FATAL ACCIDENTS may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

If any of the foregoing is not completely understood, please contact your school principal for further information.

Instruction: Sign both copies, retain one for your records, and return the other to your school.

Student's Name _____ Sport(s) _____

This will acknowledge that we have read and understand the material contained in the NOTICE TO ATHLETES AND PARENTS OR GUARDIANS.

* * * * *

Signed _____ Date _____
Parent or Guardian

Signed _____ Date _____
Student

Athletic Emergency Consent Form

Name of Student: _____

Parent/Guardian: _____

Home Address: _____

Phone: Home _____ Work _____

Emergency # if not at home or work: _____

Relative (1) _____ Phone: _____

Relative (2) _____ Phone: _____

Insurance Company: _____

Policy Number: _____

Family Doctor:

1. _____ Phone: _____

2. _____ Phone: _____

If contact cannot be made with any of the above, the coach will use his/her best judgment to protect and assist the injured in accordance with the Denver Public School Policy.

I, _____, parent or guardian of _____ in consideration of my child's opportunity to participate in interscholastic activities, hereby consent to emergency medical treatment, hospitalization or other medical treatment as may be necessary for the welfare of the above named child, by a physician or qualified nurse, and/or hospital, in the event of injury or illness during all periods of time in which the student is away from his/her legal residence as a member of an interscholastic activity team or group, and hereby waive on behalf of myself and the above named child any liability of the School District, and of its agents or employees, arising out of such medical treatment.

Date: _____ Signature of Parent or Guardian _____



College View High School

Athletic Eligibility Waiver:

DSST is a high performing academic school; and we want to prepare our students to be successful in their studies. As a result, we have put in place athletic eligibility policies based on students' grades and their behavior.

- If a student is failing one class, he/she **cannot** play in any games; but he/she is allowed to practice.
- If a student is failing more than one class, he/she **cannot** play in games or practice. Once the student has raised their grade, he/she may return to practice.
- If a student receives an In-School or Out-of-School Suspension on the day of a practice, the student is ineligible for the practice and the next game.
- If a student is scheduled for a College Prep or Mandatory Tutoring on the day of a practice or a game, the student must serve the College Prep or Mandatory Tutoring first.
- Athletes must attend a minimum of 50% of their academic schedule the day of a contest or the Friday before a Saturday contest unless otherwise excused by the Director or AD.
- **Policy for multiple Refocuses:**
 - 3 Refocuses = will NOT start in the next game.
 - 5 Refocuses = will SIT OUT in the next game.
 - 7 Refocuses = will SIT OUT in the next game.
 - 10 Refocuses = athlete is REMOVED from sports team for the trimester.

**Each individual program reserves the right to have higher academic and behavioral standards than listed above as described in their team/player handbook/contract.*

**Consequences for failure to meet the following Athletic Program standards/expectations for conduct will range from suspension from play up to dismissal from team. The student-athlete's record of character, academic achievement, and past behavior can be taken into account when determining severity of consequences.*

If you have any questions, please contact the Athletic Director, Greg Reed.

E-mail: greg.reed@scienceandtech.org

Sincerely,

Greg Reed

Student Name: _____

Student Signature: _____

Parent/Guardian Signature: _____



College View High School

Atlético Renuncia Elegibilidad:

DSST es una escuela académica de alto rendimiento, y queremos preparar a nuestros estudiantes para tener éxito en sus estudios. Como resultado de ello, hemos puesto en práctica políticas de elegibilidad de atletismo en base a las calificaciones de los estudiantes y su comportamiento.

- Si un estudiante está reprobando una clase, él/ella **no puede jugar** en cualquier juego, pero él/ella se le permite practicar.
- Si un estudiante está reprobando más de una clase, él/ella **no puede jugar** en los juegos o la práctica. Una vez que el estudiante ha elevado su grado, él/ella puede regresar a la práctica.
- Si un estudiante recibe una suspensión en la escuela o fuera de la escuela el día de la práctica, el estudiante no es elegible para la práctica y el juego siguiente.
- Si un estudiante está fijado para una College Prep o Tutoría obligatoria en el día de una práctica o un juego, el estudiante tiene que servir a la College Prep o Tutoría obligatoria primero.
- Los atletas deben asistir a un mínimo del 50% de su programación académica el día de un concurso o el viernes antes de un concurso de Sábado a menos justificadas de otro modo por el Director de la Escuela o el Director de Deportes.
- **Política para múltiples Refocuses:**
 - 3 Refocuses = no se iniciará en el próximo partido.
 - 5 Refocuses = se perderá el próximo partido.
 - 7 Refocuses = se perderá el próximo partido.
 - 10 Refocuses = atleta se retira de equipo deportivo para el trimestre.

**Cada programa individual se reserva el derecho a que los estándares académicos y de conducta más altas que se enumeran más arriba, como se describe en su equipo / jugador manual / contrato.*

**Las consecuencias por no cumplir con los siguientes estándares del programa / expectativas del Athletic de conducta irán desde la suspensión del juego hasta la expulsión del equipo. El historial del estudiante-atleta de carácter, el rendimiento académico y el comportamiento pasado puede ser tomado en cuenta para determinar la gravedad de las consecuencias.*

Si usted tiene alguna pregunta, por favor póngase en contacto con el Director de Deportes, Greg Reed.

E-mail: greg.reed@scienceandtech.org

Atentamente,
Greg Reed

Nombre del estudiante: _____

Firma del Estudiante: _____

Firma del Padre / Tutor: _____

Denver School of Science and Technology: Code of Conduct

Eligibility

- All athletes must meet state and district eligibility requirements.
- Academic eligibility shall be determined by a weekly check of grades. Certification period of ineligibility will be from Thursday through Wednesday of each week.
 - Students must be enrolled in a minimum of 5 core content classes each trimester.
 - *Students must not have an F to participate in contests; and no more than 1 F to practice with the team.
 - Student grades should be changed on if one of the following conditions is met:
 - A teacher has made a mistake and submits paperwork via email to the Athletic Director confirming their posted grade was inaccurate,
 - If a student has an excused absence and makes up missed work within the school approved guidelines for submission of that make up work.
 - Athletes must attend a minimum of 50% of their academic schedule the day of a contest or the Friday before a Saturday contest unless otherwise excused by the School Director or Athletic Director.

**Each individual program reserves the right to have higher academic and behavioral standards than listed above as described in their team/player handbook/contract.*

Spectators

In the interest of continued good relationships in the field of athletics, all spectators are asked to:

1. Conduct themselves as ladies and gentlemen at all times, showing respect for visiting players and injured athletes, by not booing participants on the playing area and by respecting property.
2. Show respect for the game officials and refrain from booing their decisions or interfering with their control of the contest.
3. Recognize that vulgarity and indecent gestures are unacceptable.
4. Not interfere with the opponent's cheering. Foot stomping in the stands is to be eliminated.
5. Recognize that noisemakers in any gymnasium or at any indoor contest are unacceptable.
6. Recognize that littering premises, throwing of confetti, or paper and tossing objects onto the playing area are unacceptable.
7. Eat and drink in designated areas. The gymnasium and pool area are not acceptable areas for the consumption of food and beverages.
8. Follow the code of conduct for promoting good sportsmanship, adults and students alike.
9. Respect decisions made by contest officials.
10. Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.

**Each individual school reserves the right to eject any spectators whose conduct is detrimental to good sportsmanship.*

Expectations of Student Participants

- Treat opponents with respect
- Respect judgment of contest officials, abide by rules of the contest, and display no behavior that could incite fans.
- Cooperate with officials, coaches, and fellow participants to conduct a fair contest.
- Accept seriously the responsibility and privilege of representing school and community; display positive public action at all times.
- Live up to high standards of sportsmanship established by DSST.

**Consequences for failure to meet the following Athletic Program standards/expectations for conduct will range from suspension from play up to dismissal from team. The student-athlete's record of character, academic achievement, and past behavior can be taken into account when determining severity of consequences.*



Expectations of Coaches

- Always set a good example for participants and fans to follow, exemplifying the highest moral standards.
- Instruct participants in proper sportsmanship responsibilities and demand that they make sportsmanship the NO. 1 priority.
- Respect judgment of contest officials, abide by rules of the event and display no behavior that could excite fans.
- Treat opposing coaches, participants and fans with respect. Shake hands with officials and opposing coaches in public.
- Develop and enforce penalties for participants who do not abide by sportsmanship standards.

Expectations of Spirit Groups

- Stimulate desired crowd response using only positive cheers, signs and praise without antagonizing or demeaning opponents.
- Treat opposing spirit groups and fans with respect.
- Recognize outstanding performances on either side of the playing field or court.

Expectations of Sport Referees

- Always set a good example for participants and fans to follow, exemplifying the highest moral standards.
- Instruct participants in proper sportsmanship responsibilities and demand that they make sportsmanship the NO. 1 priority.
- Treat opposing coaches, participants and fans with respect. Shake hands with officials and opposing coaches in public.
- Develop and enforce penalties for participants who do not abide by sportsmanship standards.

DSST Code of Conduct Waiver

Yes, I have read the DSST Code of Conduct. I understand the Rules, Regulations, and Policies and promise to give my full commitment to the DSST athletics program.

Student Name (print): _____

Parent/Guardian Signature

Date

Student Athlete Signature

Date

All participants must sign and return this form to your schools' DSST Athletic Director before they can participate in any sport.

Escuela de Ciencia y Tecnología de la Liga Denver: Código de Conducta

Elegibilidad

- Todos los atletas deben cumplir con los requisitos estatales y elegibilidad distrito.
- La elegibilidad académica se determinará mediante un cheque semanal de calificaciones. Período de certificación de inelegibilidad será de jueves a miércoles de cada semana.
 - Los estudiantes deben estar matriculados en un mínimo de 5 clases principales contenidos de cada trimestre.
 - * Los estudiantes no deben tener una F para participar en concursos; y no más de 1 F para practicar con el equipo.
 - Calificaciones de los alumnos se deben cambiar en si se cumple una de las siguientes condiciones:
 - Un profesor ha cometido un error y presenta la documentación por correo electrónico al Director de Deportes confirmando su calificación publicado era inexacta,
 - Si un estudiante tiene una ausencia justificada y hace el trabajo perdido dentro de la escuela aprobó directrices para la presentación de que hacer el trabajo.
 - Los atletas deben asistir a un mínimo del 50% de su programación académica el día de un concurso o el viernes antes de un concurso de Sábado a menos justificadas de otro modo por el Director de la Escuela o el Director de Deportes.

**Cada programa individual se reserva el derecho a que los estándares académicos y de conducta más altas que se enumeran más arriba, como se describe en su equipo / jugador manual / contrato.*

Público

En el interés de la continuación de las buenas relaciones en el campo de atletismo, todos los espectadores se les pide que:

1. Llevar a cabo ellos mismos como damas y caballeros en todo momento, mostrando respeto por los jugadores visitantes y atletas lesionados, al no abuchear a los participantes en el área de juego y respetando la propiedad.
2. Mostrar respeto por los oficiales del juego y se abstengan de abuchear a sus decisiones o interferir con su control de la contienda.
3. Reconocer que la vulgaridad y gestos indecentes son inaceptables.
4. No interfiere con vótores rival. Zapateo en las gradas es que ser eliminado.
5. Reconocer que matracas en cualquier gimnasio o en cualquier concurso de interior son inaceptables.
6. Reconocer que los locales tirar basura, tirar de confeti, o papel y objetos lanzando en el área de juego son inaceptables.
7. Comer y beber en las áreas designadas. El gimnasio y la zona de la piscina no son áreas aceptables para el consumo de alimentos y bebidas.
8. Siga el código de conducta para promover la Deportividad, adultos y estudiantes por igual.
9. Respetar las decisiones tomadas por los jueces de la competencia.
10. Sea un modelo ejemplar por los equipos de apoyo de manera positiva en todas las maneras posibles, incluyendo el contenido de aplausos y signos.

**Cada escuela individual se reserva el derecho de expulsar a cualquier espectador cuya conducta es perjudicial para el buen espíritu deportivo.*

Las expectativas de los estudiantes participantes

- Tratar a los oponentes con respeto
- Respetar el juicio de los funcionarios del concurso, cumplir con las reglas del concurso, y mostrar ningún comportamiento que pueda incitar a los aficionados.
- Cooperar con los funcionarios, entrenadores y compañeros participantes para llevar a cabo un concurso justo.
- Aceptar seriamente la responsabilidad y privilegio de representar a la escuela y la comunidad; mostrar la acción pública positiva en todo momento.
- Cumplir con un alto nivel de deportividad establecidos por DSST.

**Las consecuencias por no cumplir con los siguientes estándares del programa / expectativas del Athletic de conducta irán desde la suspensión del juego hasta la expulsión del equipo . El historial del estudiante-atleta de*



carácter, el rendimiento académico y el comportamiento pasado puede ser tomado en cuenta para determinar la gravedad de las consecuencias.

Las expectativas de los entrenadores

- Ajuste siempre un buen ejemplo para los participantes y aficionados a seguir, que ejemplifica los más altos estándares morales.
- Instruya a los participantes en las responsabilidades apropiadas del deportivismo y la demanda que hacen deportividad del NO. 1 prioridad.
- Respetar el juicio de los funcionarios del concurso, cumplir con las reglas del evento y no exhibir ninguna conducta que pueda excitar a los aficionados.
- Tratar oponerse entrenadores, participantes y aficionados con respeto. Estrechar la mano de los funcionarios y entrenadores opuestos en público.
- Desarrollar y aplicar sanciones para los participantes que no cumplan las normas del deportivismo.

Las expectativas de los grupos de Spirit

- Estimular la respuesta del público que desee utilizando sólo positivos aclamaciones, signos y elogios sin antagonizar o degradantes oponentes.
- Tratar oponerse grupos espirituales y ventiladores con respeto.
- Reconocer las actuaciones destacadas a ambos lados del campo de juego o tribunales.

Las expectativas de Árbitros Deportivos

- Ajuste siempre un buen ejemplo para los participantes y aficionados a seguir, que ejemplifica los más altos estándares morales.
- Instruya a los participantes en las responsabilidades apropiadas del deportivismo y la demanda que hacen deportividad del NO. 1 prioridad.
- Tratar oponerse entrenadores, participantes y aficionados con respeto. Estrechar la mano de los funcionarios y entrenadores opuestos en público.
- Desarrollar y aplicar sanciones para los participantes que no cumplan las normas del deportivismo.

DSST Código Liga de Conducta Renuncia

Sí, he leído el DSST Código Liga de Conducta. Entiendo las normas, reglamentos y políticas y prometo dar mi pleno compromiso con el programa de atletismo DSST.

Nombre del estudiante (letra de molde): _____

Firma del Padre/Tutor

Fecha

Estudiante Aleta Firma

Fecha

Todos los participantes deben firmar y devolver este formulario a DSST director atlético de su escuela antes de que puedan participar en cualquier deporte.